



theheartinstructor.com

DARKS/GRAY

COLOR journal - Grades 6 - 12

Your Name: _____

PAINT AMOUNTS

- Full Paint Chip (size of choc chip)
- ◐ Half Chip of a Color
- ◑ Quarter Chip of Color
- ◒ Small bit of Color
- ◓ TEENSY speck of Color!

PIGMENT COLOR SET

- WHITE
- YELLOW
- Bright RED
- MAGENTA
- PURPLE
- ULTRAMARINE (Dark Blue)
- CYAN (Light Blue)
- Phthalo GREEN
- Burnt UMBER (Dark Brown)
- Raw SIENNA (Dark Yellow)

SET 1 Do NOT wash your brush until you're finished with this row.

Squeeze the color & number of chips indicated below onto your palette. Mix well. Paint here.

B. UMBER ●●●
ULTRAMARINE ●●●

ADD

WHITE ◐

ADD

ULTRAMARINE ●
WHITE ◐

ADD

WHITE ●

ADD

WHITE ◐
B. UMBER ◐

SET 2 Now wash & dry your brush, and begin this new mix set

B. UMBER ●●●
ULTRAMARINE ●●●
WHITE ◐

ADD

R. SIENNA ●

ADD

WHITE ●

ADD

PURPLE ◐

ADD

WHITE ●
YELLOW ◐

SET 3 Wash & dry your brush and begin this new mix set

CYAN ●●●
RED ●●●
YELLOW ◐

ADD

WHITE ◐
CYAN ◐

ADD

WHITE ●
RED ◐

ADD

B. UMBER ◐
ULTRAMARINE ◐

ADD

WHITE ●

SET 4 Wash & dry your brush and begin this new mix set

GREEN ●●●
RED ●●●

ADD

RED ●
WHITE ◐

ADD

YELLOW ●
WHITE ◐

ADD

WHITE ●●

ADD

CYAN ◐

SET 5 Wash & dry your brush and begin this new mix set

GREEN ●●
PURPLE ●●

ADD

B. UMBER ●
WHITE ◐

ADD

R. SIENNA ●

ADD

WHITE ●

ADD

YELLOW ●
WHITE ●

INSTRUCTIONS

- There are no "right" colors - other artists' journals may look different.
- The goal is to learn what *happens* when pigments combine, not to make formulas. (If you use professional paint, use less ADD amounts than shown)
- Each dot represents a *chocolate chip sized* measure.
- Squeeze a chip for each dot. Try to make them the same size and NEVER estimate by making larger blobs for more than one dot.
- Always mix on your palette, not on this sheet.
- Use a medium/small brush.
- When you see partial chips indicated, don't try to squeeze out a smaller bit, just place a regular chip off to the side, and use your brush to get the smaller amounts.
- If you make a mistake, just write down what you did and keep going.